

BULLYING: STRATEGIES FOR SCHOOLS

Resources

Curriculum/Manuals/Videos :

Aggression Replacement Training

<http://www.researchpress.com/scripts/product.asp?item=5004>

Bully Busters

Grades k-5

Grades 6-8

<http://www.researchpress.com/product/item/5192/>

Committee for Children

Steps to Respect A Bullying Prevention Program

<http://www.cfchildren.org/cfc/strf/str/strindex/>

Oprah Winfrey Show – Bullying Video

http://www.oprah.com/tows/pastshows/200401/tows_past_20040126.jhtml

Websites:

California Department of Education

<http://www3.cde.ca.gov/scripts/taxis.exe/webinator/search?query=bully%20prevention&submit=GO>

National Crime Prevention Council

http://www.ncpc.org/media/bully_prevention.php

Stop Bullying Now

<http://stopbullyingnow.hrsa.gov/index.asp?area=main>

Books Dealing with Bullies and Teasing

B LITTLE

Jean Little.

Little by Little / Jean Little. -- : NY : Viking Kestrel, 1987.

Nearly blind from birth, she had what her friends call "bad eyes." Subjected to ridicule, rejection and bullying, she often withdrew into a world of her own-the world of her imagination.

Encourged by her parents, she began to write poetry and stories. By the time she was seventeen, her poetry had been published in a national magazine.

B PAULSEN

Gary Paulsen.

My life in dog years / Gary Paulsen. -- New York : Delacorte Press, 1998.

The author describes some of the dogs that have had special places in his life, including his first dog, Snowball; Dirk, who protected him from bullies; and Cookie, who saved his life.

FIC BAU

Marion Dane Bauer.

Face to face / Marion Dane Bauer. -- : NY : Clarion, 1991.

Picked on at school by bullies, thirteen-year-old Michael confronts his fears during a trip to Colorado to see his father, who works as a whitewater rafting guide and whom Michael has not seen in eight years.

FIC DUFF

Betsy Duffey.

How to be cool in the third grade / Betsy Duffey. -- : Illus. by Janet Wilson. Viking, 1993.

When Robbie York is marked as a target by a bully at school, he decides that the only way to survive the third grade is by being cool.

FIC EST

Eleanor Estes.

Hundred dresses / Eleanor Estes. -- San Diego, CA : Harcourt, 1971.

In winning a medal she is no longer there to receive, a little Polish girl teaches her classmates a lesson.

FIC LORD

Bette Bao Lord.

In the Year of the Boar and Jackie Robinson / Bette Bao Lord. -- : Illus. by Marc Simont. Harper, 1984.

In 1947, Chinese child comes to Brooklyn, where she starts to feel at home and make friends when she discovers baseball and the Brooklyn Dodgers.

FIC SAL

Graham Salisbury.

Under the blood-red sun / Graham Salisbury. -- : New York : Delacorte Press, 1994.

Tomikazu Nakaji's biggest concerns are baseball, homework, and a local bully, until life with his Japanese family in Hawaii changes drastically after the bombing of Pearl Harbor in December 1941.

FIC SHR

Susan Richards Shreve, and Roberta Smith.

Joshua T. Bates in trouble again / Susan Richards Shreve, and Roberta Smith. -- New York : Distributed by Random House, 1998, c1997.

After finally being promoted to fourth grade in the middle of the year, Joshua is so worried about the bully who rules the fourth grade boys that he makes some unwise decisions.

FIC SIM

Seymour Simon.

Einstein Anderson shocks his friends / Seymour Simon. -- : Illus. by Fred Winkowski.
NY: Viking, 1980.

Einstein Anderson uses his scientific knowledge to solve a variety of problems, including getting rid of a bully and preserving a snow sculpture

FIC SON

Carol Sonenklar.

Mighty Boy / Carol Sonenklar. -- New York : Orchard Books, c1999.
When he gets a chance to meet his hero, the television character Mighty Boy, Howard Weinstein discovers his own strengths that help him handle the bully in his new fourth-grade class.

FIC YEP

Laurence Yep.

Cockroach cooties / Laurence Yep. -- New York : Hyperion Books for Children, c2000.
Teddy and his little brother Bobby devise strategies using bugs to defeat the school bully.

P BRO

Marc Tolon Brown.

Arthur's valentine / Marc Tolon Brown. -- Boston : Little, Brown, 1987, c1980.
Arthur's wrong guess about the identity of the secret admirer sending him valentine messages leads to teasing by the other children, but clues in additional messages allow him to get his due.

P CAR

Nancy L Carlson.

How to lose all your friends / Nancy L Carlson. -- New York : Viking, 1994.
Offers advice on the kinds of things to do if you don't want to have any friends.

P CAR

Nancy Carlson.

Loudmouth George and the sixth-grade bully / Nancy Carlson. -- Minneapolis, MN : Carolrhoda, 2003.

After having his lunch repeatedly stolen by a bully twice his size, Loudmouth George and his friend Harriet teach the bully a lesson he'll never forget.

P CHR

Eileen Christelow.

Jerome camps out / Eileen Christelow. -- : NY : Clarion, 1998.
Jerome the alligator is looking forward to the Swamp School camping trip, until he and his friend learn that Buster, the class bully, will be there.

P COL

Joanna Cole.

Bully trouble / Joanna Cole. -- New York : Random House, c1989.

Arlo and Robby, finding themselves the victims of a neighborhood bully, work out a red-hot scheme for discouraging him.

P HEN

Kevin Henkes.

Chrysanthemum / Kevin Henkes. -- : NY: Greenwillow, 1991.

Chrysanthemum loves her name, until she starts going to school and the other children make fun of it.

P KLI

Christine Kliphuis, and Charlotte Dematons.

Robbie and Ronnie / Christine Kliphuis, and Charlotte Dematons. -- New York : North-South Books, 2002.

Best friends Robbie and Ronnie use teamwork to stand up to bullies at the pool.

P LES

Helen Lester.

Hooway for Wodney Wat / Helen Lester. -- Boston, MA : Houghton Mifflin, c1999.

All his classmates make fun of Rodney because he can't pronounce his name, but it is Rodney's speech impediment that drives away the class bully.

P LOV

Patty Lovell, and David Catrow.

Stand tall, Molly Lou Melon / Patty Lovell, and David Catrow. -- New York : Putnam's, 2001.

Even when the class bully at her new school makes fun of her, Molly remembers what her grandmother told her and she feels good about herself.

P MCC

Emily Arnold McCully.

Grandmas trick-or-treat / Emily Arnold McCully. -- New York : HarperCollins, 2001.

Pip's two grandmothers, who cannot agree on anything, take Pip and her friends trick-or-treating on Halloween. In the end, the two women work together to teach some bullies a lesson and find that the festivities can bring out the best in people.

P MCC

Becky R McCain, and Todd Leonardo.

Nobody knew what to do / Becky R McCain, and Todd Leonardo. -- Morton Grove, Illinois : Albert Whitman & Company, 2001.

When bullies pick on a boy at school, a classmate is afraid, but decides that he must do something.

P MED

Susan Meddaugh.

Martha walks the dog / Susan Meddaugh. -- Boston : Houghton Mifflin, 1998.

Martha the talking dog rescues the neighborhood from a bully dog with the help of a parrot.

P ONE

Alexis O'Neill.

The Recess Queen / Alexis O'Neill. -- New York : Scholastic Press, c2002.

Mean Jean is the biggest bully on the school playground until a new girl arrives and challenges Jean's status as the Recess Queen.

P POL

Patricia Polacco.

Mr. Lincoln's way / Patricia Polacco. -- New York : Philomel Books, c2001.

When Mr. Lincoln, "the coolest principal in the whole world," discovers that Eugene, the school bully, knows a lot about birds, he uses this interest to help Eugene overcome his intolerance.

P POL

Patricia Polacco,

Thank you, Mr. Falker / Patricia Polacco. -- New York : Philomel Books, c1998.

At first, Trisha loves school, but her difficulty learning to read makes her feel dumb until, in the fifth grade, a new teacher helps her understand and overcome her problems.

P SWE

Jacqueline Sweeney, G. K Hart, Vikki Hart, and Blind Mice Studio.

Freddy Bear / Jacqueline Sweeney, G. K Hart, Vikki Hart, and Blind Mice Studio. -- New York : Benchmark Books, c2002.

Freddy Bear picks on Gus the turtle, until the other animals show him how it feels.

P WEL

Rosemary Wells, and Jody Wheeler.

Bubble-gum radar / Rosemary Wells, and Jody Wheeler. -- New York : Volo/Hyperion Books for Children, 2002.

When the Franks bother, tease, trick, bully, and joke their way through the school day, they push away all of their classmates.

Other Books:

Ages 4 to 8

Ada Potato, Judith Caseley

Being Bullied, Kate Petty and Charlotte Firmin

Benjamin and Tulip, Rosemary Wells

Benny Gets a Bully Ache, Jane Bomberge

The Berenstain Bears and the Bully, S. and J. Berenstein

Best Friends for Frances, Russell Hoban

Big Bad Bruce, Bill Peet

Blackboard Bear, Martha Alexander

The Brand New Kid, Katie Couric

Chrysanthemum, Kevin Henkes
Dealing With Bullying, Marianne Johnston
Don't Call Me Names! Joanna Cole
Don't Feed the Monster on Tuesday, Adolph Moser
Franklin is Bossy, Paulette Bourgeois and Brenda Clark
Franklin Says Sorry, Paulette Bourgeois and Brenda Clark
I Like Me, Nancy Carlson
Just a Bully, Gina Mayer
King of the Playground, Phyllis Reynolds Naylor
Nobody Knew What To Do: A Story About Bullying, Becky McCain
Rat and the Tiger, Keiko Kasza
Simon's Hook; A Story About Teases and Put-Downs, Karen Burnett
Stop Picking On Me, Pat Thomas
Yoko, Rosemary Wells

Ages 6 to 10

Angel Child, Dragon Child, Michelle Maria Surat
Arthur's April Fool, Marc Brown
A Bad Case of Stripes, David Shannon
Finding the Greenstone, A. Walker
How to Lose All Your Friends, Nancy Carlson
The Recess Queen, Alexis O'Neill and Laura Huliska-Beith
Talking About Bullying, Jullian Powell
Telling Isn't Tattling, Kathryn Hammerseng

Ages 9 to 12

The Araboolies of Liberty Street, Sam Swope
Blubber, Judy Blume
Bullies are a Pain in the Brain, Trevor Romain
The Bully Buster Book, John William Yee
The Burning Questions of Bingo Brown, Betsy Byars
Crash, Jerry Spinelli
The Cybil War, Betsy Byars
Dear Mr. Henshaw, Beverly Cleary
Eagle Song, Joseph Bruchac
Freak the Mighty, Rodman Pilbrick
How To Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense, Kate Cohen-Posey
The Hundred Dresses, E. Estes
Peace on the Playground: Nonviolent Ways of Problem-Solving, Eileen Lucas
Simon's Hook: A Story About Teases and Put-Downs, Karen Burnett
Stick Up For Yourself, Gershen Kaufman
Strider, Beverly Cleary
There's a Boy in the Girls' Bathroom, Louis Sachar
The Well, Mildred Taylor
When Kids Drive Kids Crazy: How to Get Along With Your Friends and Enemies, Eda LeShan
Why is Everybody Always Picking On Me?: A Guide to Understanding Bullies For Young People, Terrence Webster-Doyle
Yang the Third and Her Impossible Family, Lensey Namioka

Young Adult

The Chocolate War, Robert Cormier
Ironman, Chris Crutcher

Books for Adults

And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence, James Garbarino and Ellen Delara
Best Friends, Worst Enemies: Understanding the Social Lives of Children, Michael Thompson, Catherine O'Neill Grace, and Lawrence J. Cohen
Bullies and Victims: Helping Your Child Survive the Schoolyard Battlefield, Sue Ellen Fried and Paula Fried
The Bully-Free Classroom, Allan L. Beane
Bully Prevention Handbook, John Hoover
Bullying At School: What we know and what we can do, Dan Olweus
Bullying Behavior: Current Issues, Research, and Interventions, Robert Geffner, Marti Loring, and Corinna Young
Childhood Bullying and Teasing: What School Personnel, Other Professionals, and Parents Can Do, Dorothea M. Ross
Cliques: 8 Steps to Help Your Child Survive the Social Jungle, Charlene C. Giannetti and Margaret Sagarese
Defanging a Bully, A. Motiar
Easing the Teasing: Helping Your Child Cope with Name-Calling, Ridicule, and Verbal Bullying, Judy S. Freedman
Mom, They're Teasing Me: Helping Your Child Solve Social Problems, Michael Thompson, Lawrence J. Cohen, and Catherine O'Neill Grace
Odd Girl Out: The Hidden Culture of Aggression in Girls, Rachel Simmons
Parents Under Siege: Why You Are the Solution, not the Problem, in Your Child's Life, James Garbarino and Claire Bedard
Queen Bees & Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends & Other Realities of Adolescence, Rosalind Wiseman
What to Do...When Kids Are Mean to Your Child, Elin McCoy



