

# YOU ARE THE SOL (U) TION



Spreading the Love Through  
Situational Awareness

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# ~~UNPREPARED~~

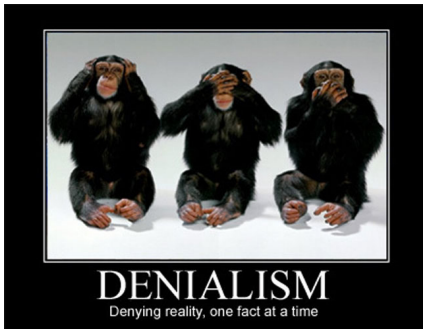


**Participants will be able to:**

- Identify the four level of a situational awareness mental process
- Identify the signals of denial
- Identify messengers of intuition
- Identify strategies to keep you, your family, campus and community safer.

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## WHY ARE WE TALKING?



**Because...  
Ignorance, denial  
of and  
indifference to  
warning signs can  
escalate a  
situation or even  
allow it to happen.**

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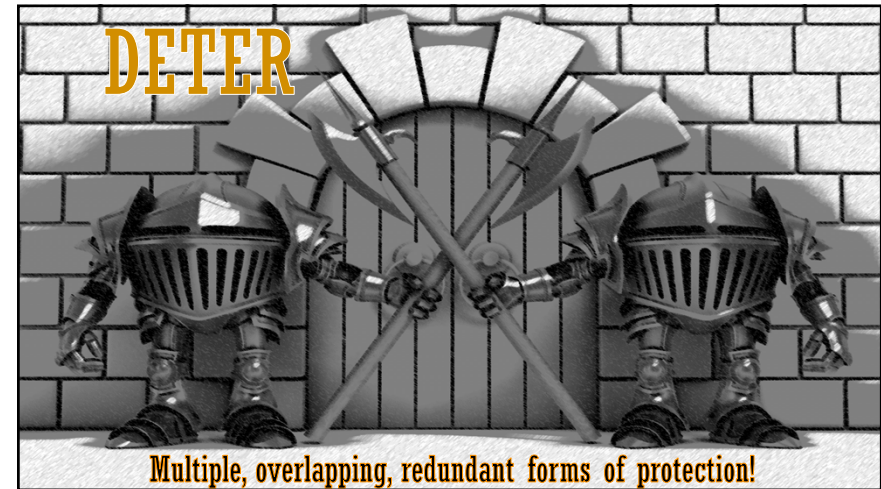
Let the fear of danger be a spur to prevent it;  
he that fears not, gives advantage to the  
danger.

- Francis Quarles  
English poet (1592 – 1644)

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## DETER & PREVENT

Attend trainings:

- Personal Safety
- NIMS/ICS
- Emergency procedures
- Restorative practices
- Threat and risk assessment
- Terrorism awareness
- Community Emergency Response Team
- Critical Incident Stress Debriefing, etc.

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## INTUITION

“Don’t believe for a moment that when it comes to human behavior the conscious predictions are any better than the unconscious ones.”

- Gavin DeBecker

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## DETER

### BECOME THE HARD TARGET

Bad people do their homework.

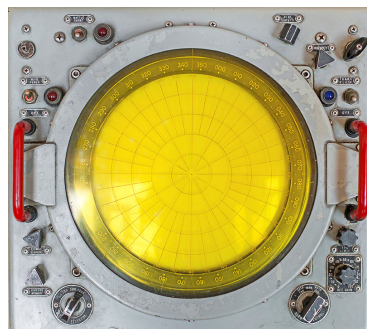
Do you?

Mother Nature has the system down.

Do you?

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## DETECT



Be a walking radar!

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## APATHY noun

ap·a·thy /'a-pə-THĒ/ :

Definition of apathy

1. Lack of feeling or emotion : IMPASSIVENESS
2. Lack of interest or concern : INDIFFERENCE

In **Positive Psychology**, apathy is described as a result of the individuals feeling they do not possess the level of skill required to confront a challenge.

It may also be a result of perceiving no challenge at all (e.g. the challenge is irrelevant to them, or conversely, they have learned helplessness).

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## Messengers of Intuition

- Fear (1)
- Apprehension (2)
- Suspicion (3)
- Hesitation (4)
- Doubt (5)
- Gut feelings (6)
- Hunches (7)
- Curiosity (8)
- Nagging feelings
- Persistent thoughts
- Humor
- Wonder

DeBecker, Gavin, *The Gift of Fear*. New York,: Dell Publishing. 1997.

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## THE ALARM

□ Intuition is **ALWAYS** Right in Two Very Important Ways:

□ IT IS **ALWAYS** IN RESPONSE TO SOMETHING

□ IT **ALWAYS** HAS YOUR BEST INTEREST AT HEART

True intuition is a process, more than an emotion. It provides you with knowledge and wisdom about certain topics or what actions to take.

DeBecker, Gavin, *The Gift of Fear*. New York,: Dell Publishing. 1997.

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## Signals of Denial

- Rationalization
- Justification
- Minimization
- Excuse-Making
- Refusal

DeBecker, Gavin, *The Gift of Fear*. New York,: Dell Publishing. 1997.



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# COMPLACENCY noun

com·pla·cen·cy ▪ \ kəm-ˈplā-sən(t)-sē \:

## Definition of complacency

1. : self-satisfaction especially when accompanied by unawareness of actual dangers or deficiencies.
2. : an instance of usually unaware or uninformed self-satisfaction

*When it comes to safety and security, complacency can be dangerous.*

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## COMPLACENCY

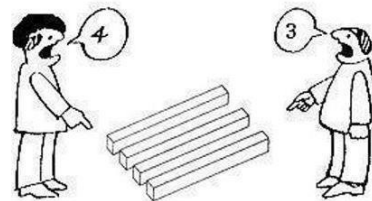
- Work environment
- Hazards haven't happened before
- Used to the workload
- Nothing bad has happened in a long time



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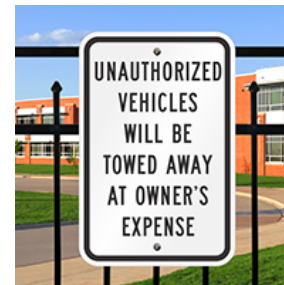
## Additional Blocks to Situational Awareness

- Perception based on faulty information processing.
- Excessive motivation.
- Overload.
- Fatigue.
- Poor communications.



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We invest in some threats with credibility, while discounting others.



DeBecker, Gavin, *The Gift of Fear*. New York,: Dell Publishing, 1997.

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People we are willing to suspect are far less dangerous than those people we refuse to suspect.

DeBecker & Associates



DeBecker, Gavin, *The Gift of Fear*. New York: Dell Publishing, 1997.

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## What is Situational Awareness?

Situational Awareness (SA) is being aware of what is around you in terms of:

- Where you are
- Where you are supposed to be
- Whether anyone or anything around you is a threat to health and safety.

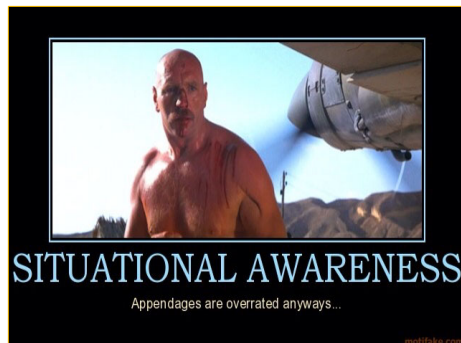
Our intuition, knowledge, education and experience allows us to understand what is around us and to determine if it is safe.

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## Levels of Situational Awareness & Action

We need to...

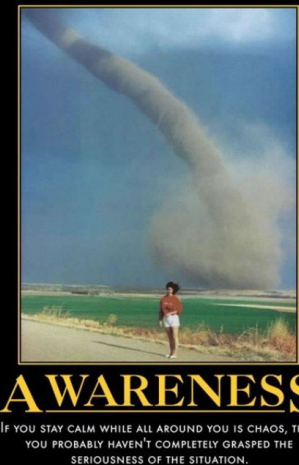
- Analyze more than whether or not something or someone is an immediate threat.
- Pay attention to what we see AND often what we don't, comparing what is normal to what we have in front of us, assessing it and looking for things that are irregular.



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## Levels of Situational Awareness & Action

Even the most experienced people can lack SA. Especially when performing tasks that are routine.



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**COOPER'S COLOR CODE**




**WHITE**  
Unaware and unprepared.

If attacked or safety issue arises in Condition White:

- Unlikely to effectively respond
- May be seriously injured or killed

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**COOPER'S COLOR CODE**

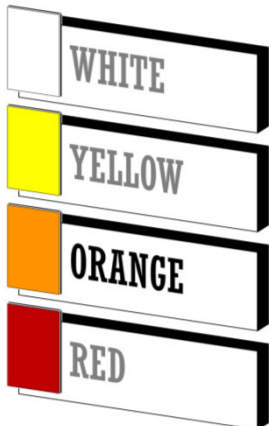


**YELLOW**  
Relaxed and Aware.

- In Condition Yellow although not aware of any specific hazardous situation, you know you may have to defend yourself.
- If attacked, you may be able to take effective action even if unarmed.

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**COOPER'S COLOR CODE**



**ORANGE**  
Aware of Potential Threat

- Something is not quite right and has your attention.
- Start looking for threat indicators and conduct a conscious analysis and assessment of potential threats.
- The actions of the threat, dictate your next moves.

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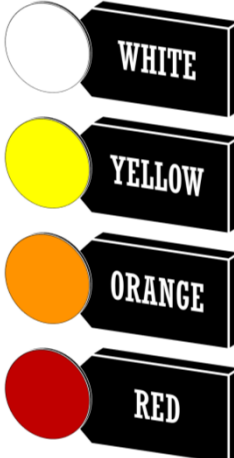
**COOPER'S COLOR CODE**



**RED**  
Confirmed Threat - Ready to Act

- You have decided to act the instant the threat's behavior warrants an immediate response.
- You wait for a trigger or take other lifesaving actions as the circumstances dictate.

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**WHITE** Relaxed at home at night, reading or watching TV

**YELLOW** Forceful knock at the door. (Did you lock your door?). Do you sense any danger at this time?

**ORANGE** Agitated voice on the other side of door saying he crashed into your car on the street and wants you to come out and look at it immediately. *You park your car in the driveway.*

**RED** You tell him you are calling the Police and he tries to break into your house. (You didn't lock your door!). What is your immediate plan?

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**If something is smoking, it isn't telling you that you're hot!**  
**If the ground is shaking, it isn't so you will start dancing!**  
**Be familiar with "normal."**  
**Be familiar with "suspicious behavior and items."**  
**Keep your eyes open for suspicious persons, vehicles, etc. and immediately report anything out of place.**



**DETECT**

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**Build Relationships.**


**DETECT**

**Look for "inadvertent disclosure" or "emotional leakage" through writings, artwork, projects and conversations.**

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**When people show you who they are, believe them.**

-Maya Angelou



**This also means that if someone reports:**

- They are going to hurt themselves
- They are going to hurt others
- Or someone is hurting them....

**BELIEVE THEM & REPORT IT**

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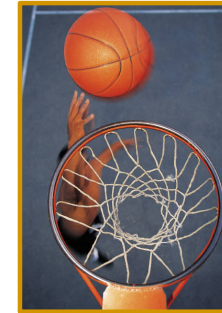




**Think,  
Communicate  
and  
Mobilize**

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## **VISUALIZE YOUR RESPONSE**



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The needs of the **many**  
**outweigh** the needs of  
the **few** or the **one!**

- Spock, Starship Enterprise



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### **Contact Information**

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